



BURNS

- *Accidental burns at home are not uncommon amongst families of service personnel.*
- *A good number of housewives have lost their lives and many have lost their beauty. Children have lost their beloved mothers. Last but not the least the husbands have lost their life partners.*
- *On the whole the losses are colossal.*
- *However if the following few points are borne in mind all can live happily.*



DO's :

- ◆ If you don't have LPG connection, use wick stove for cooking. These are safe, cheap and available in the canteens. Do not use pressure K Oil stove. 80% burns in ladies are due to stove burst.
- ◆ Keep the stoves at waist height.
- ◆ Regularly maintain the stoves and ensure no leakage / blockage.
- ◆ After lighting the stove, the matchstick should be extinguished properly and thrown in a safe place.
- ◆ Close the gas cylinder after use.
- ◆ Regularly check leakage of gas from the Chulah / cylinder.
- ◆ Light the match before turning on the gas.
- ◆ Use cotton clothes only while cooking.
- ◆ Change the clothes if K oil falls accidentally on the clothes worn
- ◆ Always keep a small Fire Extinguisher handy.